



IS THERE A STIGMA IN  
ACCESSING CALFRESH  
AMONG  
UNDERGRADUATES?

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# AGENDA

- The Stakeholders
- Project Overview
- Codebook Review
- Hypothesis
- Data



# Project Overview

- -The CHC research team has collaborated with the UCLA, CalFresh outreach team for this project
- In this project, the UCLA team has worked on the Qualtrics survey related to the student's opinions, beliefs, eligibility about CalFresh program
- Students from all the California State Universities are eligible to take the survey

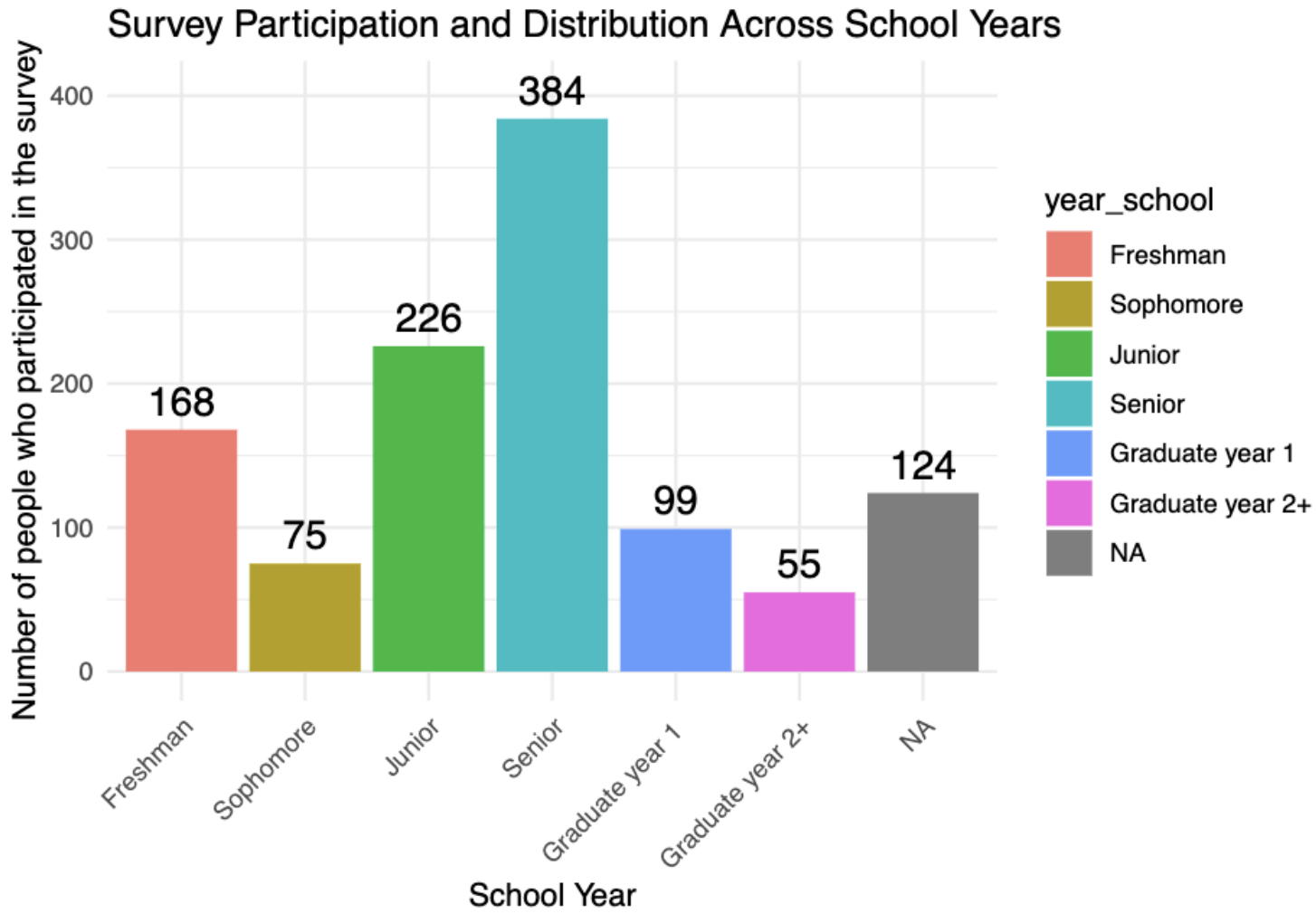
# Codebook Overview

Question	Qualtrics Variable Name	R Variable Name	
<b>Self-Efficacy</b>			
Q9 We want to understand how you would feel if you received food assistance from CalFresh Food. If you were to receive food assistance through CalFresh Food...			
How capable would you feel to support your own basic needs (like your need for food)?	able_basic	able_basic	
How much would you feel in control of your success in school and work?	control_school	control_school	
How capable would you feel about making progress towards your goals?	able_goals	able_goals	
Q14 If you were to receive food assistance through CalFresh Food...			
How capable would you feel about making progress towards goals for your community, such as helping and empowering others you care about?	able_community	able_community	
How capable would you feel to prevent stressful situations for those you care about?	prevent_stress	prevent_stress	
How confident would you feel to face most of the problems you have in your life?	confident_problems	confident_problems	

- The survey had questions related to student's :
- demographics (age, number of units)
- Self-Esteem
- Stigma
- Recipient Identity- Difficult
- Positive & Negative Peer Attitudes
- Welfare Attitudes
- Self-Action.

# Hypothesis

- 1. “Undergraduate students (Freshman, junior, sophomore, senior) are more likely to report feeling ashamed to apply for CalFresh food compared to graduate students-(Graduate year 1 and 2). ”



## Frequencies

*Senior (n=384)*

*Juniors (n=226)*

*Freshmen (n=168)*

*Sophomore (n=75)*

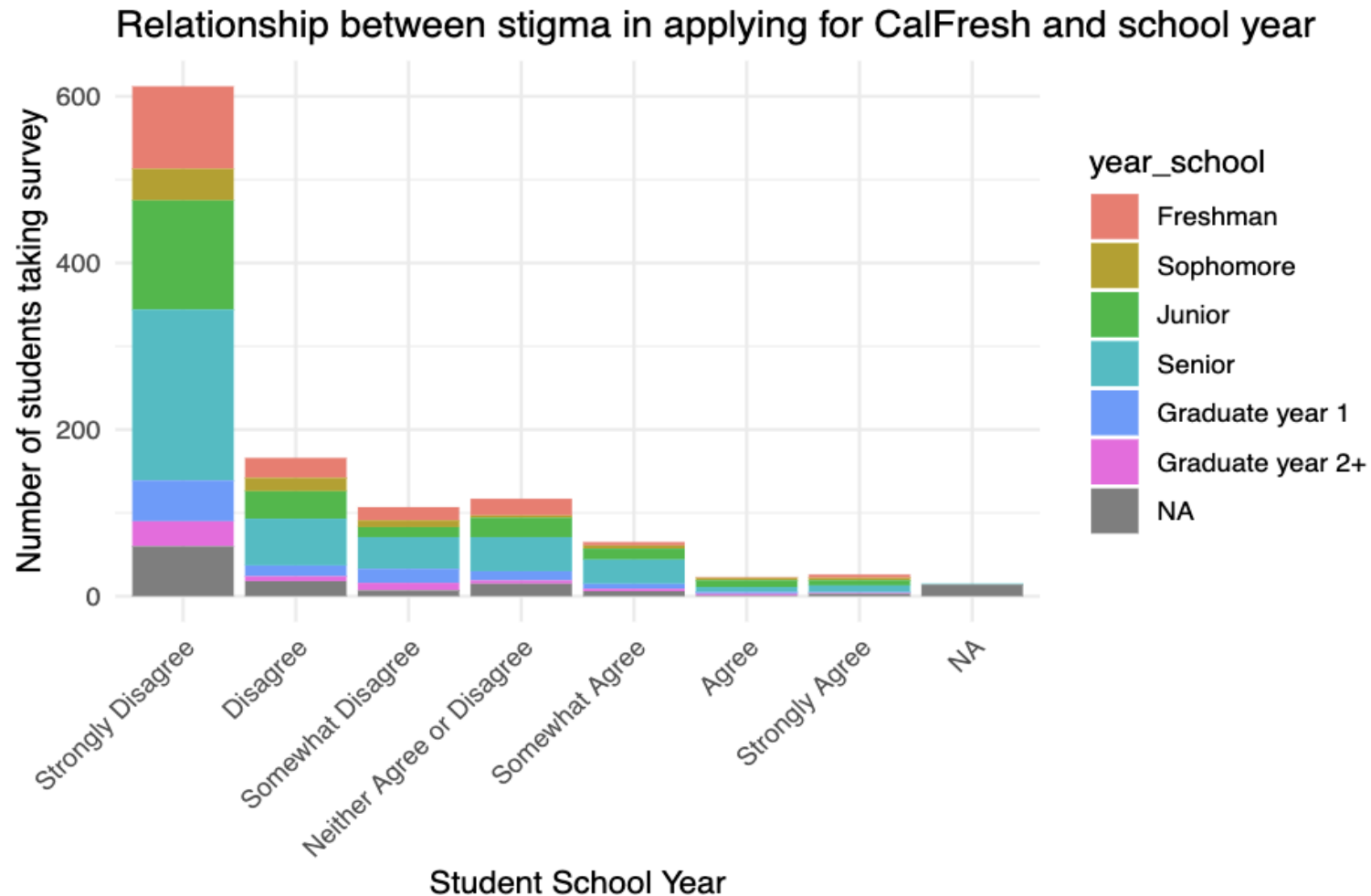
*Graduate year 1 (n=99)*

*Graduate year 2+ (n=55)*

*N/A (n=124)*

## Hypothesis 1

“Undergraduate students (Freshman, junior, sophomore, senior) are more likely to report feeling ashamed to apply for CalFresh food compared to graduate students-(Graduate year 1 and 2).”



## Results

Hypothesis was confirmed...

“1. There were more undergraduates that reported strongly disagree, than agree and somewhat agree with *feeling ashamed to apply for CalFresh food.* (

An unexpected finding was that **sophomores-undergraduate were disagreeing at the same rate as graduate level students in regards to stigma.**



# Thank you

I have learned a lot about data analysis using R language. Previously I had experience working with collecting data and analyzing using Qualitative analysis and Quantitative analysis like SPSS but data analysis using R was completely new experience and learning. Hopefully, the results from the project will possibly help in future development of CalFresh surveys and its accessibility to all the students.